



# Your Future

## Domestic Abuse Therapeutic Support - an arts intervention project

A presentation by

The Roses Theatre (lead deliverer of project)

Create Gloucestershire (Gloucestershire's Arts' Consortium)

Gloucestershire County Council (commissioner)

## What is Your Future

- A 20 week arts intervention for victims of domestic abuse and their families
- Led by The Roses Theatre and rolled out by other arts organisations into all 6 districts in Gloucestershire
- Weekly 2 hour sessions on an arts activity for mums, younger children and teenagers



## The Origins Story

- Create Gloucestershire (CG): a laboratory for change, driven and fuelled by its members
- Driver: need not funding
- Lottery bid established relationship between CG, voluntary sector and Gloucestershire County Council



# Fertile Ground



- Art Lift: precedent for success of arts and health intervention
- CG provided established network, sector knowledge and central point of contact
- Collaboration was not happening in a vacuum – principles were being ‘tested’ across other CG projects
- Success of collaborative model was not resting on one project; sustained the process when challenges arose

## Who holds the reins?



- Original assumption: CG would lead the bid and manage the process
- CG's principles: independence and capacity building
- Established transparent, independent selection process
- Ensured Roses Theatre had clear mandate to lead
- Next steps: from one-off project to systematic offer

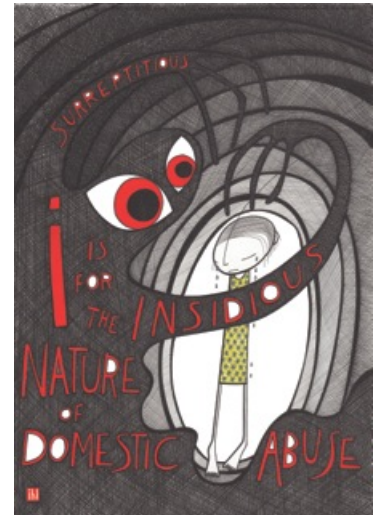
# Why did Gloucestershire County Council commission 'Your Future'?

- Identified need for support for families with issues around domestic abuse to achieve outcomes around resilience, family functioning and self-esteem
- Previous successful art-based project within Gloucestershire
- High quality, pro-active and professional approach from arts provider who understood County Council's objectives
- Visionary lead commissioner and enthusiastic and committed project team



# Why did Gloucestershire County Council commission 'Your Future'?

- **Greater efficiency** and use of resources in delivering outcomes
- More **flexibility** in service delivery
- More **responsive** to service users' needs
- Wider **reach** to different communities
- **Risks** and **benefits** are shared
- **Local** organisations achieving a stronger voice, influence and sustainability
- Can support the development of **active communities**
- **Social Value** implications



# Working together successfully

## Purpose

- Create a common purpose based on service users' needs and outcomes

## Organisation

- Strong lead organisation with energy, vision and capacity to co-ordinate and deliver the project outcomes and hold partners to account

## Relationship

- Spend time building and maintaining a wide relationships

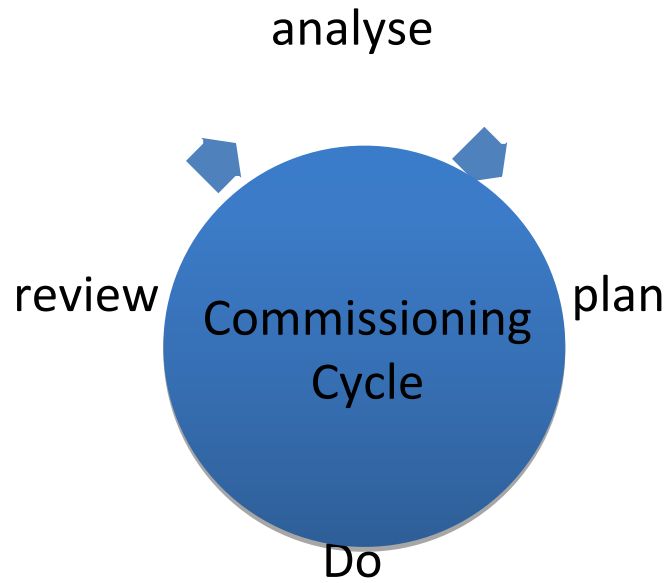
## Learning

- Things don't always go to plan ....





# Working together successfully



What difference has it made?

**Evidence!**

# Impact and Evaluation

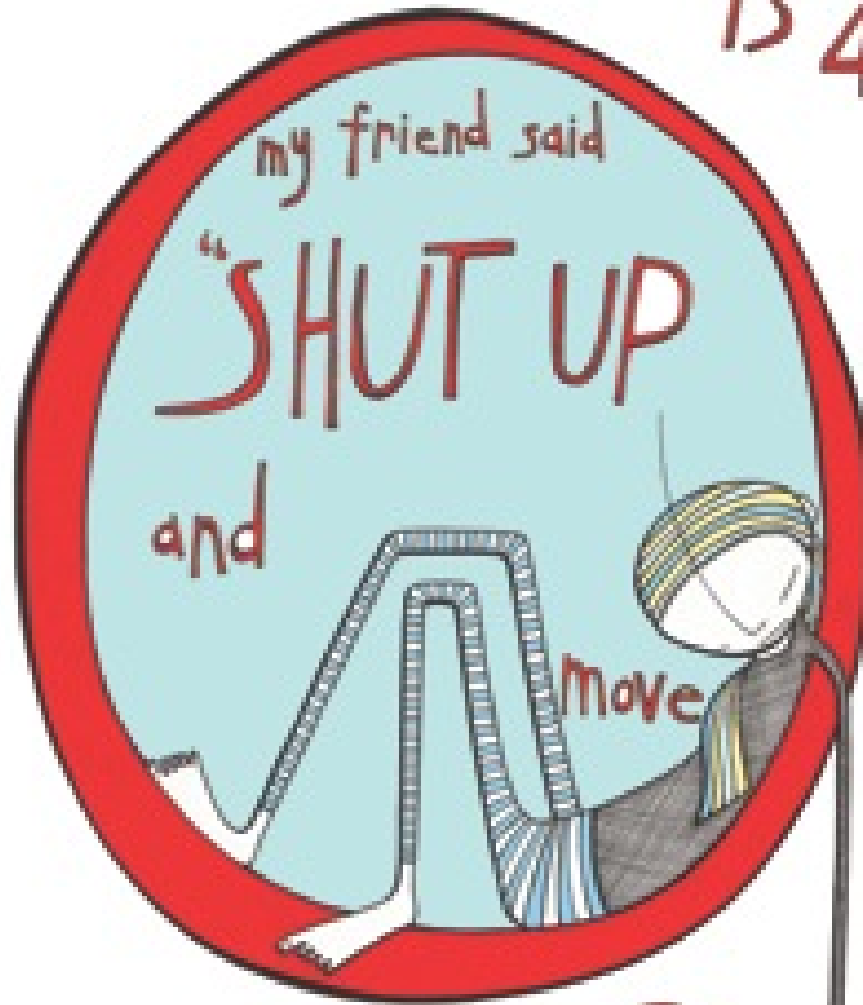
- Impact on participants:
  - Qualitative and Quantitative external evaluation
  - Confidence, pride and achievement
  - Improved social connections
  - Reduced isolation (jobs, friendships)
  - More destination data required
- Impact on arts organisations:
  - Role in the community, safe venues
  - Artistic commissions





Was sweeping myself  
away in a corner.  
Now had a Spring Clean  
& have come out to  
play

is 4



Oh