

Plymouth City Council Co-operative Commissioning



PLYMOUTH
CITY COUNCIL



Co-operative commissioning

VALUES

• COOPERATIVE COMMISSIONING PRINCIPLES

Democratic

- Citizens and communities will be at the heart of all commissioning activity
- Commissioning decisions will be open and transparent
- Commissioning will seek to promote civic responsibility

Responsible

- We will commission for sustainability by prioritising early intervention and prevention
- We will commission for quality and outcomes
- Commissioning decisions will focus on delivering VFM and promoting social value

Fair

- Commissioning will focus on reducing inequalities and making Plymouth a fair City
- Commissioning activity will be needs and evidence based
- We will develop local, fair and sustainable markets

Partners

- We will commission with a range of partners regardless of organisational form
- We will work collaboratively and coproduce public services
- We will promote citizen commissioning

Co-operative principles: co-production



- Co-production has been defined as *‘the public sector and citizens making better use of each other’s assets, resources and contributions to achieve better outcomes or improved efficiency’*. By working in partnership and building on each other’s capabilities and strengths, we can achieve far more and create a more sustainable model of public service delivery.
- Commissioning cycle – Analyse, Plan, Do, Review – should involve communities and individuals at all stages

Adult Social Care priorities



- The Market Position Statement sets out how we are going to develop care and support services in Plymouth to build a vibrant market that promotes independence, choice and control
 - Ensure a comprehensive range of **universal** advice and support services for people regardless of whether they fund their own care
 - Maximise **Social Capital** by empowering both people and communities to deliver care and support in partnership
 - Ensure a much greater focus on **Early Intervention and prevention**, so that people retain and regain independence
 - Users and Carers are able to exercise **Choice and Control** with personal budgets preferably as direct payments provided to all eligible people

Cultural Commissioning links to Adult Social Care priorities (Libraries)



- Libraries commissioned to deliver ‘health zones’
- Libraries are experts in information provision and can contribute to the following health and social care outcomes:
 - Improving self-directed support
 - Reducing health inequalities
 - Improvement programme for long-term conditions
 - Carers and dementia priorities
 - Financial savings
 - Care Act – duty to provide information about services including to self-funders
- Libraries benefit from being able to deliver improved services
- More efficient use of council buildings and staff

Cultural commissioning links to social care and health priorities (Dementia)



- National Dementia Strategy
- Joint PCC and CCG Strategy
- Plymouth - strong partnership working in dementia between commissioners, providers and service users over last 5 years
- 5 workstreams:
 - Raising Awareness and Understanding
 - Improving early diagnosis
 - Living Well with Dementia
 - Ensuring support for carers
 - Continual improvement in quality within integrated services



Dementia Friendly Plymouth



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Dementia Friendly Communities aim to:

- Reduce social isolation
- Empower and include individuals
- Challenge stigma
- Raise awareness
- Improve wellbeing



Plymouth Strategy: Outcomes for people with dementia



- Taking a strategic approach looking at **all** the determinants of health and wellbeing
- Involving people with dementia in agreeing the outcomes – they want to continue with the things they used to do
- Strategy includes an outcome ‘increased access to arts, culture and leisure’, actions are:
 - Arts and Minds pilot
 - Reader group for people with dementia
 - Leisure contracts to include people with dementia
 - Ageing Better lottery bid with focus on arts and culture
 - Increase number of arts, culture and leisure providers on our ‘Day Opportunities Framework’
 - Commission Alzheimer’s Society to support people into mainstream activity

Commissioning Arts and Heritage



- Arts and Heritage experience of 9 years successful reminiscence work in care homes but wanting to include people in the community
- Funding opportunity came up to pilot work
- 8 people and 8 carers over 52 weeks
- Workshops designed to use Museum collections to spark ideas
- Fine arts/painting/ceramics/dance/drama
- Cognitive functioning test at start, middle and end
- Carers questionnaire
- Support from Memory Service
- Specialist training for arts facilitators

Staff feedback from first 3 months



- Those with more advanced memory loss need to be accompanied to the toilet and back, or if looking at the exhibitions, need to be accompanied all the time
- There are issues of orientation – for example, we need to remember that echoing rooms can play havoc with people with hearing loss as well as those with dementia
- Raised a big interest amongst museum staff resulting in dementia awareness sessions for all
- A smile and a welcome from anyone in the building makes them realize that they are part of the group and their involvement is valuable, also that they are recognised
- As an aide memoire I print them off the photos I've taken which continues to delight and helps with their self-esteem as they can see what they have been doing

Feedback from staff continued



- They may not remember short term activities but the feeling the sessions leave them with will stay with them until next week and they will relate to the City Museum and Art Gallery with happiness and as a social place to come and feel valued and safe
- There have been cases of lack of confidence but with the support of everyone they have realised their work is valuable. We have watched them gain in confidence
- At least half the group couldn't remember what they had been doing at the start but now remember sessions and are telling friends and family. Their mood has improved and they've made new friends
- I continue to be amazed by Tuesday afternoons! The conversations, camaraderie and creative accomplishments always brighten my life (volunteer)

Feedback from service users



- Now there is something to live for
- This has been my saviour
- Mum has been talking about the... hats and the portraits they drew all weekend
- Thank you so much..we loved the first session..mum even rang me last night to say how much she enjoyed it which is something she never normally does
- We are having such a lovely time here, it is really doing us so much good
- Dad's been remembering more and talking about looking forward to the group. I am so happy.
- Mum is having such a wonderful time here, it's really made her life so much happier and she loves art.
- I continue to be amazed

Summary



- Look up your Authority or CCG Commissioning Plans/Market Position Statement
- Check out Strategies and Action Plans
- Can you deliver any outcomes
- Find an evidence base or examples of good practice
- How do your commissioners engage with communities during the commissioning process?
- Finding an initial funding source or making a joint bid with commissioners will help
- Contact a commissioner!



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