



Arts on Prescription

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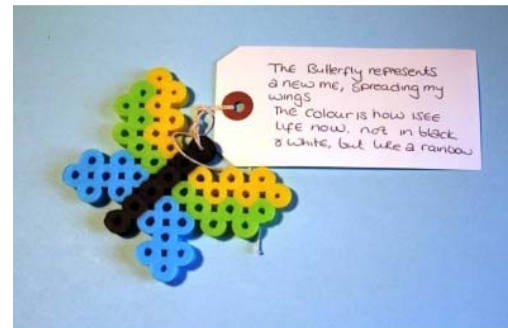
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Background

- *Arts on Prescription: A Review of Practice in the UK*, 2010. Hilary Bungay & Stephen Clift
- Arts on Prescription, Stockton NHS Foundation Trust
- *Mental Health, Social Inclusion and Arts: Developing the Evidence Base*. Secker et al. Department of Health 2007. Available at www.ashw.org.uk under Research

Recent evaluations

- Arts & Minds Arts on Prescription in Cambridgeshire – evaluation by Susan Potter, supported by the LSE. Executive summary available here: <http://artsandminds.org.uk/reports-and-documentation/>
 - Generalised Anxiety Disorder Assessment (GAD 7)
 - Health Questionnaire (PHQ-9)
 - Edinburgh Warwick Mental Wellbeing Scale
- Milton Keynes Arts for Health, Arts on Prescription – evaluated by Willis Newson. Full report available at www.willisnewson.co.uk



Milton Keynes Arts for Health, Arts on Prescription

South West

- **PETROC – North Devon College**
 - Further Education
- **Artshine, Bristol**
 - Improving Access to Psychological Therapies (IAPT)
- **Creativity Works, Bath**
 - Social Prescribing



My Time, My Space
Creativity Works

Artlift, Gloucestershire

For 90 patients:

GP consultations

Consultation in year before = 1014 = 11.3 consults/year

Consultation 0-6m after = 454 = 10.1 consults/ year

Consultation rate 7-12m after= 320 = 7.1 consults/year

Percentage reduction = 24%

Healthcare Spend

Hospital Admission numbers – year before = 54; year after =33

No significant change in Outpatient or A&E attendances

Overall spend before = £157,473

Overall spend after = £115,050

This is a 27% reduction in overall spend.



Artlift, Gloucestershire

Case Study available at: www.ahsw.org.uk.

Evaluations by the University of West of England and University of Gloucestershire.

Artlift website is www.artlift.org.

You can download the research reports – under What People Say – Evaluations.



